

PHOTOTHERAPY DERMATOLOGY CLINICAL TRAINING PROGRAMME

Overview

The programme aims to provide learners with the foundational knowledge of phototherapy and photo-chemotherapy and equip them with the relevant knowhow and skills for the safe delivery of phototherapy.

Duration

7 Days

Run Date

21 September 2026 to 29 September 2026

Target Audience

Registered Nurses with at least 1-year experience in a dermatology setting within a healthcare institution.

About the Organiser

The National Skin Centre (NSC) is an ambulatory specialist outpatient dermatological centre supported by a multidisciplinary team with the experience and expertise to treat a wide variety of skin conditions. The Centre facilitates subspecialisation with a national focus on treatment, training, research, and innovation for skin diseases and prevention. NSC is firmly established as a reputable dermatology centre in Singapore and the region. NSC collaborates with the Agency for Science, Technology and Research (A*STAR) and Nanyang Technological University (NTU) to operate the Skin Research Institute of Singapore (SRIS), which focuses on conducting high-impact, interdisciplinary skin research designed to translate into improved health outcomes and quality of life.

The Phototherapy Unit in NSC offers a wide range of phototherapy services for evaluating, managing, and providing continuity of care to patients with photo-dermatoses and dermatological conditions. This nurse-led phototherapy unit provides a broad spectrum of phototherapy treatments such as Narrowband UVB (NBUVB); combination therapy of UVA/NBUVB, Psoralen (in the form of oral tablets, soaking solution, or topical application) with UVA (PUVA); UVA1; targeted phototherapy, and photodynamic therapy. Additionally, there are photo-diagnostic services like photo-tests, photo-provocation tests, and photo-patch tests that are useful in the evaluation of photo-dermatoses.

Learning Outcomes

At the end of the programme, participants will be able to:

1. Understand the basic physics of visible light and ultraviolet light.
2. Learn about the types of light for treating different skin conditions.
3. Perform pre and post skin assessments for patients undergoing phototherapy.
4. Understand the safety measures when it comes to the administering of phototherapy and maintenance of a phototherapy unit.

Programme

This programme comprises an introduction to phototherapy with a focus on practical treatment protocols and important safety measures integral to a phototherapy unit.

Learning Methodology

Training Methodology includes:

1. Interactive lectures
2. Clinical Attachments
3. Competency assessment

Course Fees

TBA

Training Venue

National Skin Centre, 1 Mandalay Road, Singapore 308205

Closing Date for Registration

21 August 2026

To register, kindly scan the QR Code or click this link

<https://form.gov.sg/67d7e7a59c43570a54bed9aa>



Enquiries

Please email: nsc.nursetraining@nhghealth.com.sg